

Oak Prairie Jr. High

MEAL PRICING:

Elementary Lunch	\$2.90
Reduced Lunch	\$0.40
Adult Lunch	\$3.65
Milk Only	\$0.50

LUNCH MENU School Year 2018 - 2019

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	*Pasta w/ Meat Sauce *Mini Corn Dogs *Hot Vegetable *Celery Sticks	*Chicken Nuggets *Honey BBQ Sandwich *Baked Beans *Grape Tomatoes	*Pancakes & Sausage *Quesadilla *Hashbrowns *Veggie Juice	*Wild Mike's Cheese or Pepperoni Pizza *Garden Salad *Carrots Sticks	*Hot dog w/ Bun *Cheesy Garlic Flat Bread *Tater Tots *Fresh Vegetable
2	*Waffles *Sausage Link *Chicken Nuggets *Hashbrowns *Veggie Juice	*Mandarin or General TSO Chicken *Sweet Corn *Fresh Vegetable	*Nacho's El Grande *Bosco Sticks *Refried Beans *Salsa Cup	*Wild Mike's Cheese or Pepperoni Pizza *Green Beans *Fresh Vegetable	*Wild Mike's Bites *Chicken Drum Stick *Garden Salad *Carrot Sticks
3	*Meatloaf *Bosco Sticks *Hot Vegetable *Carrot Sticks	*Chicken Tenders *Corn Dog *Baked Beans *Fresh Vegetable	*Pancakes Sausage Link *Quesadilla *Hashbrowns *Veggie Juice	*Wild Mike's Cheese or Pepperoni Pizza *Garden Salad *Cucumber Slices	*Cheeseburger *Hamburger *Baked Fries *Grape Tomatoes
4	*Pillsbury filled Crescent Roll *Sausage Link *Chicken Tenders *Hashbrowns *Veggie Juice	*Chicken Patty w/Bun Plain or Spicy *Green Beans *Fresh Vegetable	*Walking Taco *Bosco Sticks *Refried Beans *Salsa Cup	*Wild Mike's Cheese or Pepperoni Pizza *Sweet Corn *Grape Tomatoes	*Fish Sticks *Corn dog *Garden Salad *Carrot Sticks

OTHER DAILY SELECTIONS:

Choice of Milk
1% White
Fat Free Chocolate

Yogurt Lunch

Choice of assorted fresh fruit & vegetables

Ala Carte Items

Menu subject to change

NUTRITION BITES:

- Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch
- This institution is an equal opportunity provider

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Week 1 Meal Plan



Week 2 Meal Plan



Week 3 Meal Plan



Week 4 Meal Plan